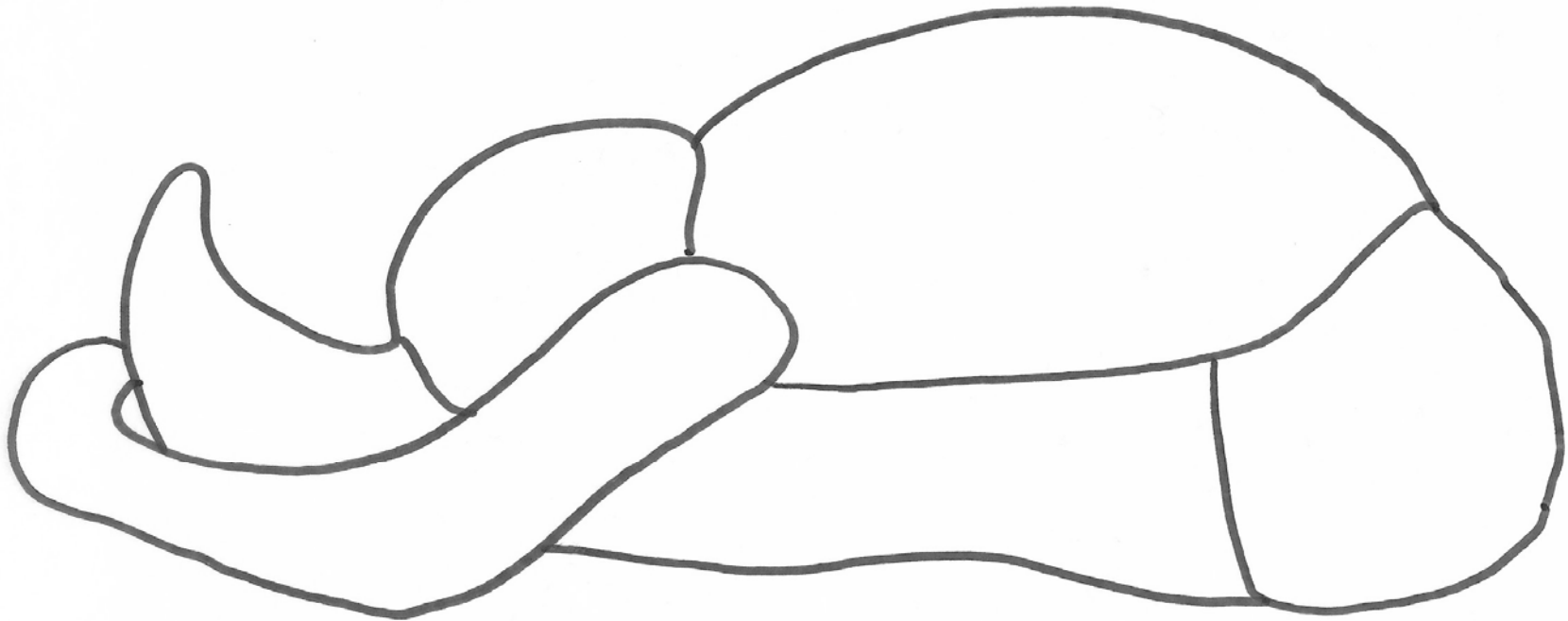


# Sandwich



*All Poses Small*

© 2005 Helen Garabedian. Produced and distributed by Itsy Bitsy Yoga International, Sudbury, MA 01776.  
Permission to photocopy granted only to Tykes Certified Itsy Bitsy Yoga Facilitator for use in Itsy Bitsy Yoga® classes. All other rights reserved.

[www.ItsyBitsyYoga.com](http://www.ItsyBitsyYoga.com)